



Information for
international patients





Dear Sir/Madam,

The Volmarstein Orthopedic Clinic is a specialist clinic that offers medical care at the highest level.

Our experienced specialists perform state-of-the-art surgical procedures. Our outstanding care personnel will ensure that you are well looked after. Our comfort ward offers an exceptional ambience and great service.

We appreciate that this is required to get well.

We would be delighted if you would put your trust in us.



Helge Bast
Head of department
Primary knee
and hip joint replacement



Ciraj Hadji, PhD
Head of department
Shoulder surgery, arthroscopy
and sports traumatology



An expert team to take care of your health

Our interdisciplinary team offers the maximum support to get you moving again as soon as possible. Our highly qualified and experienced employees provide individual care and personal attention.

Our therapeutic services are designed to help you regain full range of motion and fitness. Physiotherapy sessions take place in close consultation with our physicians. We provide any aids that may be required.

Orthopaedic and rehabilitation equipment, orthopaedic footwear, and a healthcare supply store - you will find all of the above in Volmarstein.



Range of Services

The Volmarstein Orthopedic Clinic offers the following range of services:

Orthopedic surgery

- Hip replacement, cement-free and bone-saving
- Knee replacement, partial and total
- Sport trauma surgery of knee and shoulder
- Shoulder replacement, partial and total, bone-saving, anatomic and reverse
- Arthroscopic surgery of knee, shoulder and elbow
 - ACL and PCL surgery
 - Shoulder stabilization (arthroscopic and open, Latarjet surgery)
 - Meniscus surgery
 - Cartilage transplantation and cartilage restoration surgery M-ACT
 - Rotator cuff repair
- Joint-saving procedures

Anaesthesia, intensive care medicine

- General and local anaesthesia
- Blood collection during surgery
- Modern postoperative pain management
- Therapeutic and diagnostic procedures of intensive care medicine

Physical and rehabilitative medicine

- Expert surgery-related physiotherapy to mobilize and stabilize, as well as to relearn coordinated movement
- Therapeutic concept for a smooth transition into rehabilitation



Rapid Recovery

Our Rapid Recovery Program has been designed to optimize all aspects of patient care, from preoperative assessment to hospital discharge and aftercare following a knee or hip replacement surgery.

The treatment program is based on early postoperative mobilization (about four hours after the surgery), and a well-coordinated physiotherapy, which also begins early. Above all, it is built on providing better information to our patients, and on their active participation.

Tissue-sparing, minimally invasive surgical procedures, state-of-the-art anaesthesia and physiotherapy ensure that our patients become fit and healthy sooner.



EPZ max

Our specialist clinic was certified as one of the centres in Germany that offer hip and knee joint replacement at the highest level, and is what is called a certified maximum-care Endoprosthesis Centre.

In Germany, this is the highest certification level for specialist clinics issued by the German Society of Orthopaedics and Orthopaedic Surgery.

The clinic must follow highly standardised workflows to be granted this certification. All processes – from the admission of the patient to surgery and aftercare – have been planned to the smallest detail and are constantly monitored.

This is the only way to ensure consistently high treatment quality and, thus, patient satisfaction.

Each year, we treat more than 1,500 patients with artificial knee and/or hip joints.





Comfort Ward

An expert team of doctors, nursing and service staff awaits you at our comfort ward. It is a luxurious and stylish accommodation with a pleasant atmosphere. Patients have a choice between single and double rooms. Some rooms feature a balcony. You and your visitors may also use a deluxe lounge where you can dine, relax or work. If a relative or a friend would like to accompany you, they would be welcome to use our family suite.

Room Facilities

All rooms are equipped with superior amenities.

Each room has a private bathroom with an accessible shower.

- Daily room cleaning, Daily towel service
- Electrically adjustable comfort beds
- A balcony in selected rooms
- Safe, Fridge with a minibar, Desk
- Comfort bedding
- Bathrobe on request, Hairdryer, Vanity mirror (partially illuminated)

Communications equipment

Each room is equipped with modern technology for state-of-the-art entertainment.

- Phone, Wi-Fi
- Modern entertainment system with Bewatec multimedia terminal
- Flat screen TV, 6 additional Sky channels



Food & Beverages

In addition to the daily menu, our chef provides the following extras:

- Menu changing daily
- Buffet trolleys (from summer 2017)
- Fresh fruit
- Beverages (alcohol-free)
- Choice of snacks
- Coffee and cake selection in the afternoon

Service

Our service staff will visit you daily in your room and inquire about your wishes and personal requirements.

- Daily towel service
- Bathrobe on request
- Cosmetic case
- Daily newspaper & TV program guide
- Drinks and snacks
- Laundry service
- Hairdresser or pedicure appointments
- Room service by trained specialist personnel
- Evening turndown service until 10pm



Location

The Volmarstein Orthopedic Clinic is located in the West of Germany.

The nearest airports are: Düsseldorf (65 km), Cologne/Bonn (73 km) and Dortmund (28 km).

Contact

We would be happy to check if you could benefit from treatment in our clinic.

Please send us your relevant medical documentation. We will prepare an optimal assessment and treatment plan, and send it to you along with a cost estimate.

Please send your enquiry via email: linik-international@esv.de



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